

“Peace Begins At Home” Programme

Overall Objectives:

Personal

- *Minimize the destructive effects of personal and social conflict*
- *Maximize the potential for growth and well being in the person as an individual at the intellectual and emotional levels; e.g., self-awareness, self acceptance.*

Relational

- *Improve communication skills and maximize understanding of self In relation to others*
- *Elicit and work with expectations, aspirations and concerns related to underlying patterns in relationships at home, at school and in society at large*

Structural

- *Understand and address the root causes and social conditions that give rise to harmful expressions of conflict*
- *Develop and promote ideas and mechanisms that reduce confrontation and enhance cooperation*
- *Explore and develop positive values; e.g., respect, fairness, personal responsibility*

Cultural/Social

- *Identify and understand cultural and social patterns that resolve and contribute to conflict and misunderstanding*
- *Identify and develop resources within cultural and community settings that contribute to cooperation, interpersonal harmony and mutual understanding*